

Important Dates



<p>January Mental Wellness Month International Mind-Body Wellness Day- 1/3</p>	<p>July</p>
<p>February International Boost Self-Esteem Month Career and Technical Ed Month Teen Dating Violence Awareness Month National Eating Disorders Awareness Week 2/18- 2/24</p>	<p>August Overdose Awareness Month National Breastfeeding Awareness Month Friendship Day 8/5 National Relaxation Day 8/15 National Fentanyl Prevention and Awareness Day 8/21</p>
<p>March American National Nutrition Month Brain Injury Awareness Month National Youth Violence Prevention Week 3/19-3/23 National Drug and Alcohol Facts Week (NIH: National Inst. on Drug Abuse) 3/18-3/24 Self-Injury Awareness Day 3/1 Kick Butts Day (Campaign for Tobacco-Free Kids) 3/21 National Sleep Awareness Week 3/4- 3/11</p>	<p>September Recovery Month (NAADAC) Hunger Action Month National School Backpack Awareness Day 9/29 National Addiction Professionals Day (NAADAC) 9/20 National Suicide Prevention Week 9/9-9/15 International Literacy Day 9/8 World Suicide Prevention Day 9/10 World Heart Day 9/29 Child Passenger Safety Week 9/23-9/29</p>
<p>April Alcohol Awareness Month National Council on Alcoholism and Drug Dependence (NCADD) Stress Awareness Month Youth Sports Safety Month STD Awareness Month Sexual Assault Awareness and Prevention Month National Alcohol Screening Day 4/5 World Health Day 4/7 Siblings Day 4/10</p>	<p>October National Substance Abuse Awareness Month Bully Prevention Month Domestic Violence Awareness Month Mental Illness Awareness Week 10/7-10/13 National Teen Driver Safety Week 10/21-10/27 Red Ribbon Week (Drug-Free America) 10/23-10/31 World Mental Health Day 10/10 National Depression Screening Day 10/11 World Food Day 10/16</p>
<p>May Mental Health Month Physical Fitness and Sports Month National Women's Health Week 5/13-5/19 National Prevention Week (SAMHSA) 5/12-5/18 National Children's Mental Health Day 5/10 World Tobacco Day 5/31</p>	<p>November National Career Development Month National Hunger and Homelessness Awareness Week 11/12-11/18 World Kindness Day 11/13 Great American Smokeout 11/15 National Parental Involvement Day 11/16 International Survivors of Suicide Day 11/17 National Methamphetamine Awareness Day 11/30</p>
<p>June PTSD Month Men's Health Month National Men's Health Week 6/11-6/17</p>	<p>December Impaired Driving Prevention Month World Aids Day- 12/1</p>

Plan
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